



## SHAMANIC TRANCE DANCE

### FREE YOUR MIND AND UNLEASH YOUR SPIRIT

In today's world, we tend to be looking outside ourselves for answers, believing that everyone else knows better. However, the truth is, no one knows you better than you know yourself. The true answers lie within!

Evolving from the ancient wisdom of shamanism, Shamanic Trance Dance is a powerful and profound blindfolded dance, incorporating a dynamic blend of tribal music, spontaneous movements, energizing fire breath and focused intention. This dance is design to transport the Dancer into a level of trance, to elevate, expand and transcend oneself.

This dance is for you if

- ✓ You are confused and looking for answers to specific life's questions.
- ✓ You are unable to find your next "sets of life instructions" and you are ready for it.
- ✓ You are having trouble finding your purpose of life and want to find the real meaning of your life.
- ✓ You want to be more connected with yourself and your source.

Shamanic Trance Dance is held in a sacred space. It applies effective ancient and innovative techniques that naturally and safety moves one into a "trance" state of consciousness, where it becomes possible to enter the inner world of the soul, to get guidance, wisdom, healing, empowerment, magic and help you find your answers to important life's questions. It's an inner journey of self-discovery.

There will be two (2) dances.

- ✓ The first one "Letting go of the Past" will be hold in December (end of the year).
- ✓ The second one "Welcoming New Experiences" will be hold in January (start of the year)

Dates: Dec 18th, 2021 and Jan 8<sup>th</sup> 2022

Time: 7:00 to 9:30 pm.

Investment: \$70 for both dances.

Additional Information:

- \* Dress comfortable to allow movement.
- \* Dance is barefoot (or wear socks if you prefer it)
- \* Come with an empty or light stomach.

Get ready to be YOU!

If you have any questions, please contact me at 843-5034498 or email me at [SacredYogaTribe@gmail.com](mailto:SacredYogaTribe@gmail.com)

Please, share this invitation with a friend.

Looking forward to connecting with you!

With Gratitude,

Erika